

UNIFIED EUROPEAN CHAMPIONSHIPS

23/24.NOVEMBER.2024

SPORTHALLE GROBE WIESE
AM SOLEPARK 7
D-59759 ARNSBERG



PRO SMASH
SPORTS EQUIPMENT
- THE BEST CHOICE FOR YOU -

- MUAY THAI
- MUAY THAI KIDS
- K1.RULES
- K1.RULES KIDS
- MMA
- GRAPPLING
- SPORTS BOXING
- LIGHT BOXING
- POINT BOXING
- KICK LIGHT
- LIGHT CONTACT
- POINT FIGHT
- KUMDOO FIGHT
- WEAPON FORMS
- SELF DEFENSE
- FRONT FALL
- POWER BREAKING
- ARTISTIC BREAKING
- MUSIC FORMS
- FORMS (SOFT STYLE)
- FORMS (HARD STYLE)
- FREE STYLE FORMS
- MUSIC FORMS



ALL 1 PLACES WITH CHAMPIONS BELT
REGISTRATION OPEN
!OPEN TO ALL GROUPS, INDIVIDUALS AND FEDERATIONS!

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WTKA-GERMANY PRESIDENT SALVATORE TISO WWW.WTKA-GERMANY.COM

UNIFIED EUROPEAN CHAMPIONSHIPS

SPORTHALLE GROBE WIESE
AM SOLEPARK 7
D-59759 ARNSBERG



PRO SMASH
SPORTS EQUIPMENT
- THE BEST CHOICE FOR YOU -

SCHEDULE FOR THE COMPETITION DAYS

Schedule for the competition days!

Registration and weighing is on Friday from 8:00 p.m. to 10:30 p.m. and Saturday from 8:00 a.m. to 10:00 a.m. possible for all groups.

Schedule of competitions on Saturday preliminaries

Opening ceremony 10:30 a.m.

Referee meeting 11:00 a.m.

Coach meeting 11:30 a.m.

Children/adults start on Saturday from 12:00 p.m. to around 10:00 p.m.

Schedule of competitions on Sunday only final competitions

Children/adults start on Sunday from 9:00 a.m. to around 8:00 p.m.

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Information page 1

Organizer

WTKA-GERMANY & WKO-GERMANY

Martial Arts Center Yom Chi e.V

Zum Möhnewehr 2 D-59755 Arnsberg

Date / Place

Saturday . 23/24.11.2023

Sporthalle „Große Wiese“

Am Solepark 7 D- 59759 Arnsberg

Register Registration

Dear participants! In order to save you the waiting times in the early morning, you have the possibility to register for the championship online until **November 20th, 2024**. After registration you will receive an invoice, which will be sent to you by email. You then have until **November 22th, 2024** to pay them.

Attention : Registration is only complete after receipt of payment !

Weigh Start

Saturday : 23.11.2024 Weigh 8:00 a.m. to 10:00 a.m

Championship starts around 11:00 a.m

Viewers

Admission children up to and including 5 years free from 6 years 10 euros

Registration Deadline

Is the 20/11/2024 at 10pm

ALL 1 PLACES WITH CHAMPIONS BELT

Honors and Prices

1st place each receive 1 champion belt and 1 certificate

2nd place each receive 1 special medal and 1 certificate

3rd place each receive 1 special medal and 1 certificate

SK team fight

Winning team will receive 3 champion belts

LK team fight

Eligible to start

Open to all associations / organizations / clubs and associations

Proof of identity is required! Association passport / student ID card

Passport / driver's license or identity card must be shown at the weigh-in.

With a valid medical certificate that is not older than 1 year

Care

1st supervisor per 5 participants gets free admission! The supervisors and participants get access to the hall only with light indoor shoes

Agreement And liability

The organizers assume no liability for personal

or property damage of any kind! All coaches assure that all

Participants do not have medical problems and the consent of the legal guardian to attend this event.

Entry fees

Online registration First start 45€,each additional start 30€ per participant

Daily cash register First start 70€ each additional start 50€ per participant

SK team fight – 80€ entry fee per team

LK team fight – 80€ entry fee per team

Each team with 15 or more starts will receive a large trophy of honor approx. 70 cm high. Further information on clothing and protective equipment and fight times can be found on the 2 Infomastions page.

UNIFIED EUROPEAN CHAMPIONSHIPS

Information page 2

Grappling	Men's T-shirt shorts, tooth / deep is mandatory!
MMA	Men's Topless, Shorts Gloves 6 OZ, Tooth/Deep and Shin guards are mandatory! No blows to the head on the ground and none Elbows in general as well as no knees to the head
Muay Thai	Head and shin instep protection / elbow pads T-shirt is mandatory. Men's shorts, gloves 10 OZ / tooth/deep no knees No 12 - 6. to the head
Muay Thai Kids	Head and shin instep protection / elbow pads T-shirt is mandatory. Men's shorts Pants protective vest, gloves 10 OZ / Tooth / Deep, up to the age of 8, no hits to the head and from the age of 9 to 18, no knees or elbows to the head, and no 12 - 6th to the head.
K1-Rules	Men's Topless, Shorts Gloves 10 OZ Tooth/deep and head and shin instep protection is mandatory! no knees to the head.
K1-Rules Kids	Men's Topless, Shorts Gloves 10 OZ Tooth/deep and head and shin instep protection is mandatory! no knees to the head.
Sport Boxen	Mens shirtless shorts gloves 10 OZ Tooth and head protection is mandatory!
Light Boxing	Men's T-shirt, shorts, gloves, 10 OZ Tooth and head protection is mandatory!
Point Boxing	Long or short pants, t-shirt, headgear, 10 OZ hand saftys, Groin guard and mouth guard are required!
Kick-Light	Long or short pants, t-shirt, headgear, 10 OZ hand saftys, shin protection Groin guard and mouth guard are required !
Light Contact Point Fight	Long pants, t-shirt, headgear, 10 OZ and 8 OZ hand saftys, shin protection Groin guard and mouth guard are required!
SELF DEFENSE / REALISTIC	Required techniques: 2x choke on the ground, 2x headlock, 2x punch, 2x kick, 2x knife attack, 2x stick attack, 3x free choice
KUMDO	Equipment: foam sword, sword, helmet and hand protection are provided !!!! Scoring zones: leg, arm, body, head +1 point, twisted or jumping hits +2 points.
SELF DEFENSE – DEMO	Techniques: of your choice Duration: about 3 minutes Music is allowed All traditional forms areas Hardstyle and Softstyle !!!!! Dress according to the style. Evaluation criteria: breathing, position, strength, expression, energy, Rhythm, execution of the techniques
WEAPON SHAPES/ MUSIK - FREESTYLFORMEN	Evaluation criteria: breathing, position, strength, pressure, energy, rhythm, execution of the techniques
FALL SCHOOL	Techniques: long jump with rolling over an obstacle
ALL - BREAK TEST CATEGORIES	Material: bring your own and dispose of !
FIGHT TIMES	preliminary rounds 1 x 2 min Ring Sport Kids 2 x 1,30 min Ring Sport 2 x 2 min Finale 2 x 1.30 min MMA 2 x 3 min Grappling 1 x 5 min

UNIFIED EUROPEAN CHAMPIONSHIPS

PAGE 1 CATEGORIES

K1. - Kids

W

6 - 8 Years

01.	- 21 kg
02.	- 25 kg
03.	- 29 kg
04.	- 33 kg
05.	- 37 kg
06.	+ 37 kg

K1. - Kids

W

9 - 11 Years

07.	- 28 kg
08.	- 32 kg
09.	- 37 kg
10.	- 42 kg
11.	- 47 kg
12.	+ 47 kg

K1. - Kids

W

12 - 14 Years

13.	-48 kg
14.	-51 kg
15.	-54 kg
16.	-57 kg
17.	-60 kg
18.	+60 kg

K1. Rules

W

15 - 17 Years

19.	- 48 kg
20.	- 51 kg
21.	- 54 kg
22.	- 57 kg
23.	- 60 kg
24.	- 63 kg
25.	- 67 kg
26.	+ 67 kg

K1. Rules

W

Over 18 Years

27.	- 51 kg
28.	- 54 kg
29.	- 57 kg
30.	- 60 kg
31.	- 63 kg
32.	- 67 kg
33.	- 71 kg
34.	+ 71 kg



K1. - Kids

M

6 - 8 Years

35.	- 21 kg
36.	- 25 kg
37.	- 29 kg
38.	- 33 kg
39.	- 37 kg
40.	+ 37 kg

K1. - Kids

M

9 - 11 Years

41.	- 28 kg
42.	- 32 kg
43.	- 37 kg
44.	- 42 kg
45.	- 47 kg
46.	+ 47 kg

K1. - Kids

M

12 - 14 Years

47.	- 48 kg
48.	- 51 kg
49.	- 54 kg
50.	- 57 kg
51.	- 60 kg
52.	- 63 kg
53.	- 67 kg
54.	+ 67 kg

K1. Rules

M

15 - 17 Years

55.	- 54 kg
56.	- 57 kg
57.	- 60 kg
58.	- 63 kg
59.	- 67 kg
60.	- 71 kg
61.	- 75kg
62.	- 81 kg
63.	+ 81 kg

K1. Rules

M

Over 18 Years

64.	- 60 kg
65.	- 63 kg
66.	- 67 kg
67.	- 71 kg
68.	- 75 kg
69.	- 81 kg
70.	- 86 kg
71.	- 91 kg
72.	+ 91 kg

Muay-Thai- Kids

W

6 - 8 Years

73.	- 21 kg
74.	- 25 kg
75.	- 29 kg
76.	- 33 kg
77.	- 37 kg
78.	+ 37 kg

Muay-Thai- Kids

W

9 - 11 Years

79.	- 28 kg
80.	- 32 kg
81.	- 37 kg
82.	- 42 kg
83.	- 47 kg
84.	+ 47 kg

Muay-Thai- Kids

W

12 - 14 Years

85.	-48 kg
86.	-51 kg
87.	-54 kg
88.	-57 kg
89.	-60 kg
90.	+60 kg

Muay-Thai

W

15 - 17 Years

91.	- 48 kg
92.	- 51 kg
93.	- 54 kg
94.	- 57 kg
95.	- 60 kg
96.	- 63 kg
97.	- 67 kg
98.	+ 67 kg

Muay-Thai

W

Over 18 Years

99.	- 51 kg
100.	- 54 kg
101.	- 57 kg
102.	- 60 kg
103.	- 63 kg
104.	- 67 kg
105.	- 71 kg
106.	+ 71 kg



Muay-Thai- Kids

M

6 - 8 Years

107.	- 21 kg
108.	- 25 kg
109.	- 29 kg
110.	- 33 kg
111.	- 37 kg
112.	+ 37 kg

Muay-Thai- Kids

M

9 - 11 Years

113.	- 28 kg
114.	- 32 kg
115.	- 37 kg
116.	- 42 kg
117.	- 47 kg
118.	+ 47 kg

Muay-Thai- Kids

M

12 - 14 Years

119.	- 48 kg
120.	- 51 kg
121.	- 54 kg
122.	- 57 kg
123.	- 60 kg
124.	- 63 kg
125.	- 67 kg
126.	+ 67 kg

Muay-Thai

M

15 - 17 Years

127.	- 54 kg
128.	- 57 kg
129.	- 60 kg
130.	- 63 kg
131.	- 67 kg
132.	- 71 kg
133.	- 75kg
134.	- 81 kg
135.	+ 81 kg

Muay-Thai

M

Over 18 Years

136.	- 60 kg
137.	- 63 kg
138.	- 67 kg
139.	- 71 kg
140.	- 75 kg
141.	- 81 kg
142.	- 86 kg
143.	- 91 kg
144.	+ 91 kg

Sport - Boxing

W

12 - 14 Years

145.	-46 kg
146.	-50 kg
147.	-54 kg
148.	-58 kg
149.	-62 kg
150.	+62 kg

Sport - Boxing

W

14 - 17 Years

151.	- 51 kg
152.	- 54 kg
153.	- 57 kg
154.	- 60 kg
155.	- 63 kg
156.	- 67 kg
157.	+ 67 kg

Sport - Boxing

W

Over 18 Years

158.	-54 kg
159.	-57 kg
160.	-60 kg
161.	-63 kg
162.	-67 kg
163.	-71 kg
164.	+71 kg

Sport - Boxing

M

12 - 14 Years

165.	- 54 kg
166.	- 57 kg
167.	- 60 kg
168.	- 63 kg
169.	- 67 kg
170.	+ 67 kg

Sport - Boxing

M

15 - 17 Years

171.	- 60 kg
172.	- 63 kg
173.	- 67 kg
174.	- 71 kg
175.	- 75 kg
176.	- 81 kg
177.	+ 81 kg

Sport - Boxing

M

Over 18 Years

178.	- 63 kg
179.	- 67 kg
180.	- 71 kg
181.	- 75 kg
182.	- 81 kg
183.	- 86 kg
184.	+ 86 kg

Light - Boxing

W

12 - 14 Years

185.	-46 kg
186.	-50 kg
187.	-54 kg
188.	-58 kg
189.	-62 kg
190.	+62 kg

Light - Boxing

W

15 - 17 Years

191.	- 50 kg
192.	- 54 kg
193.	- 58 kg
194.	- 62 kg
195.	- 66 kg
196.	- 70 kg
197.	+ 70 kg

Light - Boxing

W

Over 18 Years

198.	-50 kg
199.	-54 kg
200.	-58 kg
201.	-62 kg
202.	-66 kg
203.	-70 kg
204.	+70 kg

Light - Boxing

M

12 - 14 Years

205.	- 47 kg
206.	- 51 kg
207.	- 56 kg
208.	- 61 kg
209.	- 66 kg
210.	+ 66 kg

Light - Boxing

M

15 - 17 Years

211.	- 57 kg
212.	- 60 kg
213.	- 63 kg
214.	- 67 kg
215.	- 71 kg
216.	- 75 kg
217.	+ 75 kg

Light - Boxing

M

Over 18 Years

218.	- 63 kg
219.	- 67 kg
220.	- 71 kg
221.	- 75 kg
222.	- 81 kg
223.	- 86 kg
224.	+ 86 kg



UNIFIED EUROPEAN CHAMPIONSHIPS

PAGE 2 CATEGORIES

Point-Boxen

W

12 - 14 Years
225. - 130 cm
226. - 140 cm
227. - 150 cm
228. + 150 cm

Point-Boxen

W

15 - 17 Years
229. - 140 cm
230. - 150 cm
231. - 160 cm
232. +160 cm

Point-Boxen

W

Over 18 Years
233 - 150 cm
234 - 160 cm
235 - 170 cm
236 + 170 cm

Point-Boxing

W

Veteran
Over 35 Years
237. - 160 cm
238. - 170 cm
239. + 170 cm

Point-Boxen

M

12 - 14 Years
240. - 140 cm
241. - 150 cm
242. - 160 cm
243. + 160 cm

Point-Boxen

M

15 - 17 Years
244. - 150 cm
245. - 160 cm
246. - 170 cm
247. - 180 cm
248. +180 cm

Point-Boxen

M

Over 18 Years
249. - 160 cm
250. - 170 cm
251. - 180 cm
252. - 190 cm
253. + 190 cm

Point-Boxing

M

Veteran
Over 35 Years
254. - 160 cm
255. - 170 cm
256. - 180 cm
257. + 180 cm

Kick - Light

W

6 - 8 Years
258. - 21 kg
259. - 25 kg
260. - 29 kg
261. - 33 kg
262. - 37 kg
263. + 37 kg

Kick - Light

W

9 - 11 Years
264. - 28 kg
265. - 32 kg
266. - 37 kg
267. - 42 kg
268. - 47 kg
269. + 47 kg

Kick - Light

W

12 - 14 Years
270. -48 kg
271. -51 kg
272. -54 kg
273. -57 kg
274. -60 kg
275. +60 kg

Kick - Light

W 15 - 17 Years

276. - 48 kg
277. - 51 kg
278. - 54 kg
279. - 57 kg
280. - 60 kg
281. - 63 kg
282. - 67 kg
283. + 67 kg

Kick - Light

W Over 18 Years

284. - 51 kg
285. - 54 kg
286. - 57 kg
287. - 60 kg
288. - 63 kg
289. - 67 kg
290. - 71 kg
291. + 71 kg

Kick - Light

W Veteran

Over 35 Years
292. -66 kg
293. -70 kg
294. +70 kg

Kick - Light

W Master Class

Over 45 Years
295. -66 kg
296. -70 kg
297. +70 kg

Kick - Light

M 6 - 8 Years

298. - 21 kg
299. - 25 kg
300. - 29 kg
301. - 33 kg
302. - 37 kg
303. + 37 kg

Kick - Light

M 9 - 11 Years

304. - 28 kg
305. - 32 kg
306. - 37 kg
307. - 42 kg
308. - 47 kg
309. + 47 kg

Kick - Light

M 12- 14 Years

310. - 48 kg
311. - 51 kg
312. - 54 kg
313. - 57 kg
314. - 60 kg
315. - 63 kg
316. - 67 kg
317. +67 kg

Kick - Light

M 15 - 17 Years

318. - 54 kg
319. - 57 kg
320. - 60 kg
321. - 63 kg
322. - 67 kg
323. - 71 kg
324. - 75 kg
325. - 81 kg
326. + 81 kg

Kick - Light

M Over 18 Years

327. - 60 kg
328. - 63 kg
329. - 67 kg
330. - 71 kg
331. - 75 kg
332. - 81 kg
333. - 86 kg
334. - 91 kg
335. + 91 kg

Kick - Light

M Veteran

Over 35 Years
336. - 72 kg
337. - 76 kg
338. + 76 kg

Kick - Light

M Master Class

Over 45 Years
339. - 72 kg
340. - 76 kg
341. + 76 kg

Lightcontact

W

6 - 8 Years
342. - 21 kg
343. - 25 kg
344. - 29 kg
345. - 33 kg
346. - 37 kg
347. + 37 kg

Lightcontact

W

9 - 11 Years
348. - 28 kg
349. - 32 kg
350. - 37 kg
351. - 42 kg
352. - 47 kg
353. + 47 kg

Lightcontact

W

12 - 14 Years
354. -46 kg
355. -50 kg
356. -54 kg
357. -58 kg
358. -62 kg
359. +62 kg

Lightcontact

W

15 - 17 Years
360. - 50 kg
361. - 54 kg
362. - 58 kg
363. - 62 kg
364. - 66 kg
365. - 70 kg
366. +70 kg

Lightcontact

W

Over 18 Years
367. -50 kg
368. -54 kg
369. -58 kg
370. -62 kg
371. -66 kg
372. -70 kg
373. +70 kg

Lightcontact

W Veteran

Over 35 Years
374. -66 kg
375. -70 kg
376. +70 kg

Lightcontact

W

Master Class
Over 45 Years
377. -66 kg
378. -70 kg
379. +70 kg

Lightcontact

M

6 - 8 Years
380. - 21 kg
381. - 25 kg
382. - 29 kg
383. - 33 kg
384. - 37 kg
385. + 37 kg

Lightcontact

M

9 - 11 Years
386. - 28 kg
387. - 32 kg
388. - 37 kg
389. - 42 kg
390. - 47 kg
391. + 47 kg

Lightcontact

M

12 - 14 Years
392. - 47 kg
393. - 51 kg
394. - 56 kg
395. - 61 kg
396. - 66 kg
397. + 66 kg

Lightcontact

M

15 - 17 Years
398. - 57 kg
399. - 62 kg
400. - 67 kg
401. - 71 kg
402. - 74 kg
403. - 78 kg
404. + 78 kg

Lightcontact

M Over18 Years

405. - 61 kg
406. - 64 kg
407. - 68 kg
408. - 72 kg
409. - 76 kg
410. - 80 kg
411. + 80 kg

Lightcontact

M Veteran

Over 35 Years
412. - 72 kg
413. - 76 kg
414. - 80 kg
415. + 80 kg

Lightcontact

M Master Class

Over 45 Years
416. - 72 kg
417. - 76 kg
418. - 80 kg
419. + 80 kg

Pointfighting

M

6 - 8 Years
420. - 21 kg
421. - 25 kg
422. - 29 kg
423. - 33 kg
424. - 37 kg
425. + 37 kg

Pointfighting

M

9 - 11 Years
426. - 28 kg
427. - 32 kg
428. - 37 kg
429. - 42 kg
430. - 47 kg
431. + 47 kg

Pointfighting

M

12 - 14 Years
432. - 47 kg
433. - 51 kg
434. - 56 kg
435. - 61 kg
436. - 66 kg
437. + 66 kg

Pointfighting

M

15 - 17 Years
438. - 57 kg
439. - 62 kg
440. - 67 kg
441. - 71 kg
442. - 74 kg
443. - 78 kg
444. + 78 kg

Pointfighting

M Over18 Years

445. - 61 kg
446. - 64 kg
447. - 68 kg
448. - 72 kg
449. - 76 kg
450. - 80 kg
451. + 80 kg

Pointfighting

M Veteran

Over 35 Years
452. - 72 kg
453. - 76 kg
454. - 80 kg
455. + 80 kg

Pointfighting

M Master Class

Over 45 Years
456. - 72 kg
457. - 76 kg
458. - 80 kg
459. + 80 kg

UNIFIED EUROPEAN CHAMPIONSHIPS PAGE 3 CATEGORIES

Pointfighting

W

6 - 8 Years

460.	- 21 kg
461.	- 25 kg
462.	- 29 kg
463.	- 33 kg
464.	- 37 kg
465.	+ 37 kg

Pointfighting

W

9 - 11 Years

466.	- 28 kg
467.	- 32 kg
468.	- 37 kg
469.	- 42 kg
470.	- 47 kg
471.	+ 47 kg

Pointfighting

W

12 - 14 Years

472.	-46 kg
473.	-50 kg
474.	-54 kg
475.	-58 kg
476.	-62 kg
477.	+62 kg

Pointfighting

W

15 - 17 Years

478.	- 50 kg
479.	- 54 kg
480.	- 58 kg
481.	- 62 kg
482.	- 66 kg
483.	- 70 kg
484.	+70 kg

Pointfighting

W

Over 18 Years

485.	-50 kg
486.	-54 kg
487.	-58 kg
488.	-62 kg
489.	-66 kg
490.	-70 kg
491.	+70 kg

Pointfighting

W Veteran

Over 35 Years

492.	-66 kg
493.	-70 kg
494.	+70 kg

Pointfighting

W Master Class

Over 45 Years

495.	-66 kg
496.	-70 kg
497.	+70 kg

Kumdo – Kids

(Foam swords)

Fight

6 – 8 Years

W and M

498.	- 130 cm
499.	- 140 cm
500.	- 150 cm
501.	+ 150 cm

Kumdo

(Foam swords)

Fight

9 -11 Years

W and M

502.	- 140 cm
503.	- 150 cm
504.	- 160 cm
505.	+ 160cm

Kumdo

(Foam swords)

Fight

12 -15 Years

W and M

506.	- 150 cm
507.	- 160 cm
508.	- 170 cm
509.	+ 170cm

Kumdo

(Foam swords)

Fight

Over 16 Years

W and M

510.	- 150 cm
511.	- 160 cm
512.	- 170 cm
513.	+ 170cm

Self- Defense

Demo Show

About .3 Min

W and M

514.	- 14 Years
515.	+ 14 Years

Self Defense

Realistic

W and M

516.	- 14 Years
517.	+14 Years

Artistic Breaking

Demo Show

About .3 Min

W and M

518.	- 16 Years
519.	+ 16 Years

Power Breaking

W and M

520.	- 16 Years
521.	+ 16 Years

Front fall

(Jump with roll)

5 – 8 Years

W and M

521.	- 120 cm
522.	- 130 cm
523.	- 140 cm
524.	+ 140 cm

Front fall

(Jump with roll)

9 -12 Years

W and M

525.	- 140 cm
526.	- 150 cm
527.	- 160 cm
528.	+160 cm

Front fall

(Jump with roll)

13 – 15 Years

W and M

529.	- 150cm
530.	- 160 cm
531.	- 170 cm
532.	+170 cm

Front fall

(Jump with roll)

Over 16 Years

W and M

533.	- 160 cm
534.	- 170 cm
535.	- 180 cm
536.	+180 cm

Lightcontact

M

Team Fight

537.	- 14 Years
538.	+14 Years

Lightcontact

W

Team Fight

539.	- 14 Years
540.	+ 14 Years

Pointfighting

M

Team Fight

541.	- 14 Years
542.	+14 Years

Pointfighting

W

Team Fight

543.	- 14 Years
544.	+14 Years



Music Forms

W and M

545.	- 14Years
546.	+14Years

Weapon Forms

W and M

547.	- 14Years
548.	+ 14 Years

Soft Forms

Athlete with Handycap

W and M

549.	- 14Years
550.	+ 14Years

Hard Forms

Athlete with Handycap

W and M

551.	- 14Years
552.	+ 14Years

Music Forms

Athlete with Handycap

W and M

553.	- 14Years
554.	+ 14Years

Hard Style Forms

Veteran

Over 35 Years

W and M

555.	+35Years
556.	+35Years

Soft Style Forms

Veteran

Over 35 Years

W and M

557.	+35 Years
558.	+35 Years

Hard Style Forms

W and M

559.	-10Years
560.	-10Years
561.	-14Years
562.	-14Years
563.	-17Years
564.	-17Years
565.	+17Years
566.	+17Years



Soft Style Forms

W and M

567.	-10Years
568.	-10Years
569.	-14Years
570.	-14Years
571.	-17Years
572.	-17Years
573.	+17Years
574.	+17Years

Grappling W

6 – 8 Years

575.	- 25 kg
576.	- 29 kg
577.	- 33 kg
578.	- 37 kg
579.	+ 37 kg

Grappling W

9 - 11 Years

580.	- 33 kg
581.	- 36 kg
582.	- 39 kg
583.	- 42 kg
584.	+ 42 kg

Grappling W

12 - 14 Years

585.	-42 kg
586.	-45 kg
587.	-49 kg
588.	-53 kg
589.	+53 kg

Grappling W

15 - 17 Years

590.	- 53 kg
591.	- 56 kg
592.	- 61 kg
593.	- 65 kg
594.	- 70 kg
595.	+ 70 kg

Grappling W

Over 18 Years

596.	- 56 kg
597.	- 61 kg
598.	- 65 kg
599.	- 70 kg
600.	+ 70 kg

Grappling M

6 – 8 Years

601.	- 25 kg
602.	- 29 kg
603.	- 33 kg
604.	- 37 kg
605.	+ 37 kg

Grappling M

9 - 11 Years

606.	- 33 kg
607.	- 36 kg
608.	- 39 kg
609.	- 42 kg
610.	+ 42 kg

Grappling M

12 - 14 Years

611.	-42 kg
612.	-45 kg
613.	-49 kg
614.	-53 kg
615.	+53 kg

Grappling M

15 - 17 Years

616.	- 56 kg
617.	- 61 kg
618.	- 65 kg
619.	- 70 kg
620.	- 77 kg
621.	- 83 kg
622.	+ 83 kg

Grappling M

Over 18 Years

623.	- 61 kg
624.	- 65 kg
625.	- 70 kg
626.	- 77 kg
627.	- 83 kg
628.	+ 92 kg
629.	+ 92 kg

MMA W

Over 18 Years

630.	- 61 kg
631.	- 65 kg
632.	- 70 kg
633.	- 77 kg
634.	- 83 kg
635.	+ 92 kg
636.	+ 92 kg

MMA M

Over 18 Years

637.	- 61 kg
638.	- 65 kg
639.	- 70 kg
640.	- 77 kg
641.	- 83 kg
642.	+ 92 kg
643.	+ 92 kg



“Hotel – Recommendations”

Hotel ibis Styles Arnsberg Sauerland

Möhnestraße 37

59755 Arnsberg

Tel: 02932 700755

4-Sterne-Hotel

Dorint Hotel & Sportresort Arnsberg/Sauerland

Zu den Drei Bänken

59757 Arnsberg

Tel: 02932 2001

4-Sterne-Hotel

Hotel Waldschlösschen

Echthäuser Str. 1

59757 Arnsberg

Tel: 02932 22803

3-Sterne-Hotel

Hotel zur Post

Bruchhausener Str. 29

59759 Arnsberg

Tel: 0163 4034097

3-Sterne-Hotel



